# *Nurse Aide/VIP*

## Ready-to-use training for only $10/month!

- **A real time-saver for your busy staff!**
- **A bargain! Only $10/month to train all your CNAs!**
- **Topics that meet state and federal training regulations!**
- **Includes personal improvement topics that are critical to improving job satisfaction and reducing turnover. but which were not taught in school!**
- **Bonus: additional news and evidence-based research updates specifically for CNA caregiving to improve their caregiving skills!**
- **Educator's bonus: Free download of PowerPoint slides and teacher's notes for articles from each issue!**

Nurse Aide/VIP

Current, evidence-based training and education

Inside this issue

The HIPAA Privacy Rule

Are you complying?

## Upcoming topics for 2010

- **Jan.** Death and dying. The special care required for those elders who are dying. Tips and recommendations from experts on how to do it as compassionately and as effectively as possible. Coping tips for staff.
- **Feb.** Your caregiving personality and why it's an important caregiving skill for CNAs. How to be a productive team member. How to get along well with co-workers and elders. (Important caregiving tips that they didn't teach you in school!)
- **March.** The importance of CNA observations and reporting in catching problems in elders early. Special emphasis on pain, diabetes related problems, infections, pressure ulcer development. Special recommendations for observing Alzheimer's elders.
- **April.** Proper feeding techniques, with special emphasis on elders with Alzheimer's disease. Maintaining dignity, safety.
- **May.** Working effectively with your Alzheimer's elders, Part 1. What to expect, tips for effective communications and good relationships.
- **June.** Working effectively with your Alzheimer's elders. Part 2. Understanding the different stages of the disease, and what to expect at each stage. How to help with problem behaviors.
- **July.** Resident rights, privacy and dignity. Your role in protecting them. What the regulations require of caregivers.
- **August.** Stress and job burnout. Tips on overcoming stress and burnout, and having an effective, satisfying career.
- **Sept.** The basics of HIPPA regulations. What they are, how they specifically apply to CNAs. New interpretations and penalties.
- **Oct.** Person-centered care and personal choices. What the latest CMS rules say; what is person-centered care; why it's important to the quality of life of your elders.
- **Nov.** Personal caregiving skills: The basics of grooming, bathing and dressing your elders. Person-centering these activities to improve quality of life.
- **Dec.** Resident abuse. Types of abuse, signs of abuse, what to watch for, what to do about it when you detect it.

**A big bonus for educators: a free Internet Educational Library for you... to provide you with additional training materials, PowerPoint slides, MS Word slides and teacher's discussion notes, handouts, etc... available online free to subscribers, to make their teaching job easier!**