

Current Nursing/Monthly Mini Lessons Schedule of Educational Articles 2008

	RN/LPN CE articles	CNA “Monthly Mini Lessons” Inservice articles
Jan.	Gardening as therapy.	Improving frailty.
Feb.	Preventing falls.	Preventing sundowning.
March	Infection control program	Compassionate caregiving.
April	Developing a comprehensive program of effective oral care: more supervision, education is needed	The basics of effective oral care for CNAs
May	Helping Alzheimer’s elders with eating: Developing an effective and compassionate program.	Some guidelines for reducing catheter infections in your elders.
June	Person-centered caregiving: Using Federal guidelines to develop an effective program	Developing the basic elements of a good caregiving personality.
July	The special needs of elders with diabetes. A program of alert caregiving is required.	Dealing successfully with improper behaviors in Alzheimer’s elders.
Aug	A program to reduce pain in elders: what’s working; what evidence-based research says.	The basics of an effective skin care program.
Sep	The new CMS Activities and Psychosocial Outcomes guidelines: What they mean for caregiving programs.	Your role in monitoring, and reporting, important changes in your elders.
Oct	Activities and therapies that can improve Cognition. Some evidence-based recommendations.	Incontinence and toileting: some caregiving tips that can help.
Nov.	Developing an effective program to reduce pressure ulcers: What’s currently working, what evidence-based research says.	Reducing pressure ulcers in your elders: Guidelines for CNAs.
Dec.	The new Quality Initiative: Some specific caregiving recommendations and guidelines.	Delirium: What it is, how to effectively and compassionately cope with it.